J.D. Myers, II
Senior Vice President & Region Manager, Cox Communications

J.D. Myers, II serves as the senior vice president and region manager of Cox Communications in Virginia. He leads nearly 2,400 employees and is responsible for all of Cox’s operations in the Commonwealth.

Myers, the son of a military veteran, learned the value of respect, loyalty and hard work at an early age, which influenced his decision to later serve his country by joining the Army. With a professional career spanning more than 30 years, his core principles are deeply rooted in that military experience.

As the 2018 board chair for the Virginia Cable and Telecommunications Association (VCTA), Myers is responsible for leading industry executives, ensuring Virginia remains a worldwide leader in broadband and telecommunications. His role on the Hampton Roads Regional Board for GO Virginia positions the region for job creation and economic growth. Myers’s other notable board involvements include the Virginia Business Council, the Hampton Roads Business Roundtable and the Virginia Chamber of Commerce Blueprint Virginia 2025 Steering Committee.

His three daughters inspire his commitment to nurturing tomorrow’s business leaders. He has been involved with the Hampton Roads Chamber’s tHRive group, helping young professionals through real-world career advice. Myers’s involvement with Fairfax CASA (Court Appointed Special Advocates), helps to protect our community’s children during a critical time in their lives. And, as the executive sponsor of the Cox Virginia Millennial Council, he is ensuring the next generation of leaders have the necessary experience to successfully drive Virginia’s future.

Myers has been named among CableFAX’s Most Influential Minorities in Cable for four years and he recently reaffirmed his commitment to diversity by serving as the executive sponsor for the Virginia Chapter of the National Association for Multi-Ethnicity in Communications (NAMIC). Under his direction, NAMIC-Virginia supports communications professionals in reaching their diversity and inclusion goals in the Hampton Roads and Richmond regions.

Myers holds dual Master degrees in Business Administration in Finance and Marketing from American University, as well as a Bachelor of Science, Business Administration from American University and an Associate of Arts, Electrical Engineering Technology from Regis University.

He currently resides in Virginia Beach with his wife, Gillian and their daughters.